

Department of Maine
Veterans of Foreign Wars
In Memory of Veterans
Past – Present - Future



OCTOBER 2009

GENERAL ORDERS

No. 4

“SPECIAL NOTICE – SPECIAL NOTICE”

Relocation of VFW Service Office: The VSO office will be moving 1 September to its new location in Bldg 205, Room 129. It is projected that the move will be for one month. Telephones may take longer and as soon as we receive the information, we will notify everyone.

Winter Uniform Wear: Wearing of the winter uniform (Blue jacket/grey slacks) will be for the period of October 1, 2009 thru March 31, 2010.

Washington D.C.: The Department of Veterans Affairs (VA) is warning Veterans not to give credit card numbers over the phone to callers claiming to update VA prescription information. “American’s Veterans have become targets in an inexcusable scam that dishonors their service and misrepresents the Department built for them,” said Dr. Gerald Cross, VA’s Under Secretary of Health. “VA simply does not call Veterans and ask them to disclose personal financial information over the phone.” Veteran Service Organizations have brought to VA’s attention that callers are misrepresenting the VA to gain personal information over the phone. They say VA recently changed procedures for dispensing prescriptions and ask for the Veteran’s credit card number. “VA has not changed its processes for dispensing prescription medicines,” Cross said. “Nor has VA changed its long-standing commitment to protect the personal information of this nation’s veterans.” Veterans with questions about VA services should contact the nearest Medical Center or call, toll-free 1-877-222-8387.

1. October CoA Meeting: Will be held in Old Town, ME on 11 October 2009. The Headquarters hotel will be the Black Bear Inn, 4 Godfrey Drive, Orono, ME, tel: 866-7120. Rates will be \$109.00 for 1 to 2 persons, for more persons in a room, please check with the Black Bear. **NOTE** that this is the sports season for UMO and foliage season and hotels in the area filling very quickly, so please make your reservations ASAP. On Saturday, the following VFW meetings will convene at the Black Bear Inn:

- 11 am – Veterans Service Cmtee
- 12 noon – Finance and Audit Cmtee
- 1 pm – 2010 State Convention Cmtee

Other motel available is the Milford Motel, 174 US Rte 2, Milford (Approximately 10 miles from the Black Bear Inn), Tel: 1-800-282-3330, e-mail: info@milfordmotelontheriver.com. Rates are as follows: \$65.00 for 2 beds, 2 persons, \$90.00 for 2 bedroom suite plus 7% lodging tax. Extra person is \$7 a night.

2. Eastern States Conference: Will be held November 13-15, 2009 at the Clarion Resort Fontainebleau Hotel, 10100 Coastal Highway, Ocean City, MD, tel: 1-800-638-2100 or 443-856-4557 or fax 410-524-3834. Rates for the Clarion Resort Fontainebleau are \$90.00 per night + tax double/double and \$110 for executive King and \$15.00 per night for each additional adult per room. Cut off date for reservation is October 3, 2009. The banquet menu consists of Virginia Glazed Ham & 3 oz Maryland Crab Cake or Grilled Breast of Chicken with Lemon Herb Sauce & 3 oz Maryland Crab Cake. Price for the banquet tickets are

\$45.00 and must be obtained from the Dept of Maine Adjutant. **Please make your check payable to "Department of Maryland, VFW"**. Deadline for banquet ticket purchase is **November 7, 2009**. Packages were emailed to VFW and LAVFW ESC Delegates/Alternates.

3. January COA Meeting: Will be held on January 10, 2010 at Mac Crillis-Rousseau Post 8835, Winslow, ME @ 8:30 am. Headquarters hotel will be the Holiday Inn, 375 Main St., Waterville, ME 04901, tel: 1-800-785-0111 or 1-207-873-0111. Rates are \$64.00 + tax for up to 4 persons, 2 double beds. ***Please make sure to tell them that you are with the VFW when calling for reservations.***

4. Voice of Democracy/Patriot's Pen/Teacher of the Year Banquet: Will be held on January 9, 2010 at the Waterville Elks Club. Tickets are \$25.00 per person. Please send your check to "Cynthia Cowling, 108 14th St., Bangor, ME 04401". Make your check payable to ***"Department of Maine, VFW"***. Banquet ticket order form is attached to these General Orders.

5. Early Registration State Convention: All VFW and Auxiliary Council members are reminded that they must make their reservations if staying at the Holiday, 215 High St., Ellsworth, ME ***NLT December 31, 2009***. After that, all of the rooms will be released for the general membership. ***The list of Council members is enclosed in these General Orders. Please, remember that it is your responsibility to make your room reservations and let them know that you are with the VFW.***

6. Deadline for General Orders: The deadline for Department Officers and Committee Chairmen is still the 20th of each month for forwarding information to this office. You can send it via USPS to 64 Washburn St., B-1, Caribou, ME 04736-2125, fax it to 207-496-3713 or email to thedumas@gwi.net.

7. Control of Units: All Commanders are reminded that IAW Section 709, Manual of Procedure requires that: Any activity, unit or club sponsored, conducted or operated by, for or in behalf of a Post or District shall be at all times under the direct control of such Post or District and that all money, property or assets of any kind must be placed in the care and custody of the respective Quartermaster. All Commanders should ensure that all provisions of Section 709 are enforced.

8. Every Post chartered by the Veterans of Foreign Wars of the United States will be expected to participate in the following programs during the 2009-2010 year: Voice of Democracy, Patriots Pen, National Citizenship Education Teacher's Awards, Buddy Poppy and National Military Services. Additionally, it is necessary that all Post and District Commanders comply with all provisions of the National By-Laws and the Manual of Procedure and Ritual.

9. Post Commanders and District Commanders are directed to forward all resolutions or communications relative to federal legislation or to the policy or procedure of the Department of Veterans Affairs, or any other governmental agency, to their respective Department Headquarters for consideration and referral to the Adjutant General. Department Commanders will not take direct action on any such resolutions or communications without first obtaining full knowledge of existing National Headquarters policies governing such legislation or agencies. Posts, County Councils, Districts and officers and members thereof shall not publicly communicate or promulgate any such resolutions until reviewed by the Commander-in-Chief.

10. Post Reserve: Attention is directed to Section 218(a)(5)(f), Manual of Procedure which mandates Post Quartermasters to maintain a dues reserve fund as prescribed in sections 717 of the National By-Laws and the Manual of Procedure.

11. District Adjutants: Article VII, Section 7 of the Dept of Maine By-Laws states: Each District Adjutant in the Department of Maine shall submit a true copy of each District meeting minutes to the Department

Adjutant not later than seven (7) days following each District meeting. (**NOTE:** These minutes can be either e-mailed and/or mailed and the signature of the District Adjutant is **no longer** required.)

12. Attention of commanders at all levels: Is directed to action of the National Council of Administration prohibiting the wearing of VFW sport caps and/or western style caps at VFW meetings in place of the regulation cap of the VFW official uniform as set forth in sections 803 of the National By-Laws and the Manual of Procedure. This prohibition is in accordance with previous directives of Commanders-in-Chief that it is held to be objectionable and contrary to accepted rules of order and proper decorum implicit in the ritual of the Veterans of Foreign Wars to permit the wearing of other than the official VFW cap at VFW meetings.

13. Reminder to all Post Commanders: Article X, Section 8(a) states: Any and all canteens or bars located so as to be part of any Veterans of Foreign Wars facility and/or premises owned or rented by the Veterans of Foreign Wars shall close and remain closed during any Veterans of Foreign Wars Post, Districts or Department meeting or formal installation.

14. Attention of commanders at all levels: Is directed to section 703 of the National By-Laws which requires that each accountable officer be bonded with an indemnity company in the sum at least equal to the amount of the liquid assets for which he may be accountable.

15. Post Commanders: If the Post Commander is unable to attend a District meeting, than a Representative will attend with a Post report. If the Post Commander and his/her Representative are unable to attend, a report of the Post activities as of the last District meeting will be forwarded to the District Commander so as to inform him/her of what has transpired during that time period. This will give a chance for the District Commander to prepare his Commanders Report to be presented at the next Council of Administration.

16. Attention of Post commanders: Is directed to the Commander-in-Chief's decision in response to questions raised concerning alcoholic beverages in the Post meeting room during the Post meeting as set forth: It is held to be objectionable and contrary to accepted rules of order and proper decorum implicit in the ritual of the Veterans of Foreign Wars to permit alcoholic beverages in the Post meeting room during the Post meeting. Accordingly, the presence, dispensation and/or consumption of alcoholic beverages in the Post meeting room during the Post meeting is completely unacceptable and any such practice known to exist shall be terminated. It is the intent of the Commander-in-Chief's decision regarding this response to include Post, County Council, District and Department meetings; at which it is held to be objectionable. Section 1001 of the Manual of Procedure has been amended to reflect such objection.

17. A thorough program of Post inspection is necessary to ensure compliance with National and Department By-Laws and directives. Department and District Inspectors shall make every effort to inspect every Post under their cognizance on an annual basis and correct such discrepancies as may be disclosed.

18. Buddy Poppy: The distribution of VFW Buddy Poppies will be conducted according to the provisions set forth in sections 711 of the National By-Laws and the Manual of Procedure. Department, District, County Council and Post Commanders should arrange now for the distribution of Buddy Poppies in their respective areas. All profits accruing from the distribution of Buddy Poppies shall be used for the relief of disabled and needy veterans and their dependents.

19. Veterans Day is not Far Away – Late this month we will be mailing out the Veterans Day Label package. Please use the patriotic address labels and stickers with pride. In the package, you will also find a 2009 Veterans Day petition to the United States Congress. Please sign and return the petition so we can deliver them to our Congressional leaders by Veterans Day to help make our voices heard in Washington!

Your support of this important program will also help keep the VFW Veterans Service program strong and healthy.

20. Commanders, Quartermasters & Trustees: Your attention is directed to the requirement of timely filing of Internal Revenue Form 990 and 990T. November 15th is the filing deadline for Post using the VFW fiscal year of 1 July thru 30 June.

21. VFW at Work! – Please be sure to visit www.vfw.org/vfwatwork to read the inspiring stories of how VFW Departments, Posts and individuals are reaching out to America’s defenders and their families. You can sign up to receive the monthly VFW at Work! e-newsletter by clicking on the link to “Join Friends of Freedom.” Don’t forget to check the site often to see all the new success stories of veterans and military families being helped by VFW. Be sure to click on the “Read More Stories” link at the bottom of the page to view an archive of VFW success stories from fellow members around the country. Do you have a great success story? We want to hear about it! We are looking for great stories that demonstrate how the VFW reaches out to others in the community that we can share on the VFW at Work! website (www.vfw.org/vfwatwork). Members of your Post who have “gone the extra mile” could be our next feature! If you have a story about yourself or your post that you would like to share, please email success@vfw.org to let us know.

22. Request for Department Commander at Post and/or District Functions: Any Posts and/or District Commanders wishing to have the Department Commander present at one of the functions are asked to notify the State Adjutant at least ten (10) days in advance. This is to afford the Commander time to put it in on his calendar and/or appoint another Department Officer to attend in his place in case his schedule is already programmed for that date.

23. Veterans in the Classroom Month in November: VFW and Ladies Auxiliary VFW members are encouraged to volunteer in their schools to talk about their military and home front experiences to students. Invite your local military recruiter to join you to talk about military service today. Additional information can be found in the 2009– 2010 “It’s About Service” VFW Programs Chairman’s Guide (page 43), which can be accessed on www.vfw.org or www.vfwdepartmentresources.org. Participate in this activity as part of “National Veterans Awareness” week, November 8-14, as designated by Congress.

24. Post Inspections: Deputy Inspectors shall make every effort to inspect every Posts under their cognizance on an annual basis and correct such discrepancies as may be disclosed.

25. CoA and Cmtee Members: All CoA and Cmtee members are advised that you must notify both the State Commander and the State Adjutant if you are unable to attend a Council of Administration (CoA) meeting for the year 2009-10. Also, a copy of your report **MUST** be forwarded to the State Adjutant prior to the CoA meeting for presentation at the meeting.

26. Candidates for Department High Office:

Department Commander	John E. Williams	Post 11553
Department Sr. Vice Commander	Louis A. Peterson II	Post 6859
Department Jr. Vice Commander	Kevin G. Woodward	Post 11553
Department Quartermaster	Donald W. Linscott Jr.	Post 1603
Department Judge Advocate	Mark G. Reilly	Post 6859
Department Surgeon	Ronald F. Smith	Post 1761
Department Chaplain	Charles A. Warden	Post 11553

27. Candidates for National Councilman District 1 for Year 2011-2013:

Raymond R. Lupo	Post 4633
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R. Randy Worthley
Andre L. Dumas

Post 8835
Post 9389

28. District Meeting Dates:

Date	District	Post	Time	Dept Officer
18 Oct 09	1	9609 – Fort Kent	2:00 pm	Adj Dumas
18 Oct 09	4	5723 – Jackman	2:00 pm	JVC Peterson
18 Oct 09	6	9437 – Washington	1:00 pm	Cmdr Michaud
18 Oct 09	9	9459 – Lisbon	2:00 pm	QM Linscott
25 Oct 09	7	4524 – Waldoboro	2:00 pm	Adj Dumas
15 Nov 09	4	4633 – Hampden	2:00 pm	QM Linscott
15 Nov 09	11	9935 – Sanford	2:00 pm	JVC Peterson
28 Nov 09	2	4154 – Millinocket	1:00 pm	Adj Dumas

29. Dates to Remember:

October 12-13 – CoA Meeting, Old Town, ME
October 12 – Columbus Day
October 31 – Halloween
November 11 – Veterans Day
November 13-15 – ESC Conference, Ocean City, MD
November 26 – Thanksgiving Day
December 10 – Machias MVH Christmas Party @ 2 pm
December 12 – Augusta MVH Christmas Party @ 2 pm
December 12 – South Paris MVH Christmas Party @ 2 pm
December 13 – Togus Christmas Party @ 2 pm
December 18 – Bangor MVH Christmas Party @ 2 pm
December 24 – Caribou MVH Christmas Party @ 2 pm
December ?? – Scarborough Christmas Party

30. Directory Changes:

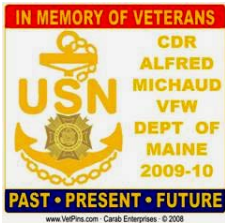
Pg 4 & 23 – Chg info on Semetauskis to: 8 John St., Apt C, Rockland, ME 04841-3157, Tel: 594-5976 or 354-3580, e-mail: armypilot22202@yahoo.com
Pg 8 & 16 – Add e-mail addy for W. McAllister: weronchemo@yahoo.com
Pg 20 – Dist 3 – Chg Cmdr to: Douglas M. Dowling, 279 Marshville Rd., Harrington, ME 04643, tel: 483-4066, e-mail: DowlingHar7@aol.com
Pg 20 – Dist 3 – Chg SVC to: Clarence G. Nelson, 96 Meeting House Rd., Columbia, ME 04623, e-mail: cgnelson@midmaine.com
Pg 20 – Dist 3 – Chg JVC to: Victor J. Voisine, 67 Key St., Eastport, ME 04631-1419, tel: 853-9594
Pg 27 – D-10 – New Adj: Brian D. Spaulding, 32 Pitts Rd., Harrison, ME 04040-4139, tel: 583-4931, e-mail: brianspaulding@roadrunner.com
Pg 48 – Post 7865 – Chg QM to: Dana W. Beaulieu, 14 Hilltop Rd., Anson, ME 04911-3359, Tel: (H) 696-3763, (B) 399-0155, e-mail: danabeau97d@netscape.net
Pg 52 – Post 9328 – Chg SO Cross email addy to: betitall@myfairpoint.net
Pg 62 – Post 11553 – Chg Adj Benner address to: 94 Mill Rd., Harrington, ME 04643-0099

OFFICIAL

BY ORDER OF:

Andre L. Dumas
ANDRE L. DUMAS
State Adjutant

Alfred E. Michaud Sr.
ALFRED "AI" E. MICHAUD SR.
State Commander



State Commander Alfred E. Michaud Sr.



Greetings Comrades: Just returned from Commander-in-Chief Tommy Tradewell's Home Coming. The big conversation held daily was about Membership. He is looking for the support of all State, District and Post Commanders and Quartermasters along with all the Recruiting Teams to bring in a good year.

Activities Reports are coming in nicely along with most Post are at or above the Department Membership Chairman's percentage quotas, to which I am very happy to see. But we still have some Posts way below the average that need to catch up hopefully before our next GO's.

The Fall Frolics at Togus went over very well. As most of you know I was in Wisconsin but the Junior Vice Commander Sandy Peterson was at the Helm and did a fine job in my absence (Thanks Sandy).

VOD, Patriots Pen, Teacher of the Year, Fireman of the Year, Law Enforcement of the Year and Boy Scout of the Year are closing fast for their due dates to District level judging's. All Posts should be out assisting the students and Teachers with their VOD and Patriots Pen Programs along with Teacher of the Year. Just about every Post has a Fire Station not far from their Post or some type of Medical EMT group, Police, Sheriffs or State Police unit they could ask to participate in the different programs. Boy Scouts are all over the State and if you are having a hard time to find one contact William Bradbury the Boy Scout Chairman and he can give you a contact in your local area.

We attended our first MVCC meeting and a lot of good info pertaining to and about Veterans Services, Women Veterans, Homeless Veterans and Service Officers was covered. The Bangor CBOC was awarded, Lewiston is still under sit selection, Rumford replacement under sit selection, Togus still under major renovation and Parking after 9:00 in morning is tight since the hiring of 180 more medical staff members, The MRI structure foundation is in progress, the installation of private bathrooms on second and third floor in progress. The Mobil Vet Center is looking for individuals to contact them to set up for fairs, in parking lots or any location they can to assist Veterans locally in getting signed up for their benefits', category 8 sign ins are slow so all Posts need to inform their members category 8 Veterans can now get treatment at Togus and it would be in their best interest to sign up even if for only to receive cheaper medication. Flu shots will be starting in October but as for the H1N1 shot it is still undetermined do to not enough serum delivered to Togus yet. There are 2000 pending cases with Togus having a 140 day turn around, ratings are at 90.8%, non-ratings are at 97.4% and fiduciaries are at 94.4%.

Honorable Service Certificates are still being issued by the Governor's office thru Peter Ogden. It is a certificate of thanks from the State of Maine for Veterans who served in harm's way. Any Post interested in getting certificates for their Post Members contact the State Adjutant Andre Dumas.

Our next COA is at the Black Bear Inn in Old Town hope to see a lot of you then.

Thought for the Day: By Elbert Hubbard 1923

An idea that is not dangerous is unworthy of being called an idea at all.

Alfred E. Michaud Sr.

(AL) Alfred Michaud Sr.

State Commander



Deceased Roll Call



Department of Maine, VFW

Charles A. Warden, Chaplain

August 20 – September 19, 2009

“May our Comrades Rest in “Eternal Peace in Post Eternity”

District 2

4154 – BARKER, Henry J. – WW II

District 4

1761 – STUBBS, Francis R. – WW II

District 5

3198 – LeBARGE, Norman J. – WW II/Korea

NUTTING, Linwood N. – WW II

11191 – JEWETT, Harold P. – Vietnam

District 8

1285 – COTE, Robert J. – WW II

District 9

1603 – CAMPBELL, Lewis W. – WW II/Korea

1641 – HANSON, Norman A. – WW II

3335 – ANKERS, Arthur L. – Korea

CHERRY, David – WW II

District 10

832 – MATTISON, Robert D. – Vietnam

MEAD, Gerald L. Sr. – Korea/Vietnam

6859 – BALLANTINE, Richard Sr. – Korea/Vietnam

Members-at-Large

15020 – DELANEY, John



**SENIOR VICE COMMANDER
POW/MIA – WREATH ACROSS AMERICA
John E. Williams**



JVC: As we all know, we have a ways to go this year in making sure that we attain 100% in not only membership but also all of our programs. We have to work as a team to make sure that our politicians do not decrease any of our benefits that we have all earned while serving our country so faithfully and gallantly. When our Commander in Chief Tradewell goes to Washington DC to speak to our politicians, he needs to have a strong number of Veterans behind him. I am asking that each of you recruit or reinstate at least one new member. Just imagine how powerful the Department of Maine would be with an increase as such.

POW/MIA: This year's POW/MIA Day 2009 is over with and I am hearing that many Posts have held a program this year. For this, I wish to thank you for your efforts in making sure that this program is not forgotten. I am also asking that each of you send in your report to our State Chairman Janet Michaud to make sure that you are 100% reported. I would like to share a few figures for the State of Maine. MIA: Since WWII, there are 74,213 unaccounted American Veterans and of that number, 465 are from Maine. Since the Korean War, there are 8,039 unaccounted American Veterans and of that, 45 are from Maine. Since the Vietnam War, there are 1,737 unaccounted for American Veterans and of that, 14 are from Maine. POW: Since the end of WWII, 511 American remains have been found and returned to their families, 10 were from Maine. Since the end of the Korean War, 110 remains have been found and returned to families, 1 was from Maine. Since the Vietnam War, 909 remains have been found and returned to their families, 5 were from Maine. Let us never forget our POW/MIAs and remember every year to come.

WAA: Now is the time for all of the Posts in the State of Maine, VFW to think about sponsoring some wreaths, sponsorships are still \$15.00. For those wishing more information on this program, you can to their website @ wreathscrossamerica.org or call the WAA office at 483-2039.

**JUNIOR VICE COMMANDER
MVH LIAISON SCARBOROUGH
Louis A. Peterson II**

JVC: Did you know that the National Guard & Reserve members of the Armed Forces make up almost 50% of the service members deployed. At the same time, these members and their families don't have the sustained support systems that many active duty full time military members and their families have. As you know, having support reduces the risk problems and helps make sure that no matter where someone turns to for help, they find the assistance they need. The Maine Military & Community Network (MMCN) was created to address these issues. Regional locations currently include: Augusta, Bangor, Belfast, Caribou, Ellsworth, Houlton, Norway and Portland. Please join us in helping the Network to meet the needs of our Guard & Reserve by contacting them at the following e-mail address: mainevetsupport@gmail.com. If you know of any military personnel needing assistance 24/7, please call 1-888-365-9287.

MVH Liaison Scarborough: Due to extenuating circumstances, I was not able to attend last month's meeting. Stay tuned for next month's report that will include both past and future events taking place at the Home

**JUDGE ADVOCATE
VOICE OF DEMOCRACY/PATRIOT'S PEN/CONVENTION 2010
Kevin G. Woodward**

JA: "Never be afraid to do something new. Remember, amateurs built the ark; professionals built the titanic."

VOD/PP: The first deadline of 1 November is approaching for the submission of Voice of Democracy and Patriots Pen. All entries must be to the Post by this date. Please get the judging done at this level and get them to the District as soon as possible. Please take the time to make certain that all information is filled out.

**SURGEON
CONVENTION SITE SELECTION 2011
Mark G. Reilly**

I hope this finds you all in good health and good spirits.

Preventing and Controlling High Blood Pressure: There are several things that you can do to keep your blood pressure healthy. These actions should become part of your regular lifestyle. You should discuss with your health care provider the best ways for you to address these issues.

Maintain a Healthy Weight: Being overweight or obese can raise your blood pressure, and losing weight can help you lower your blood pressure. Healthy weight status in adults is usually assessed by using weight and height to compute a number called the "body mass index" (BMI). BMI is used because it relates to the amount of body fat for most people. An adult who has a BMI of 30 or higher is considered to be obese. Overweight is a BMI between 25 and 29.9. Normal weight is a BMI of 18 to 24.9. Proper diet and regular physical activity can help to maintain a healthy weight. Other measures of excess body fat may include waist measurements or waist and hip measurements.

Be Active: Being physically inactive is related to high blood pressure, and physical activity can help to lower blood pressure. The Surgeon General recommends that adults should engage in moderate level physical activities for at least 30 minutes on most days of the week.

Maintain a Healthy Diet: Along with healthy weight and regular physical activity, an overall healthy diet can help to maintain healthy blood pressure levels. This includes eating lots of fresh fruits and vegetables and lowering or cutting out salt or sodium and increasing potassium. High salt and sodium intake and a low potassium intake (due to not eating enough fruits and vegetables) can increase blood pressure. You need to watch the sodium that is already included in processed foods and to avoid adding sodium or salt in cooking or at the table. Low saturated fat and cholesterol are also part of an overall healthy diet. Recent studies such as the Dietary Approaches to Stop Hypertension (DASH) trial show that blood pressure can be significantly lowered through diet.

You can get more information on Hypertension at the CDC web page.

<http://www.cdc.gov/bloodpressure/prevention.htm>

**CHAPLAIN
NATIONAL HOME
Charles A. Warden**

You probably do not know the name of Maesha Graham, but you most likely have talked to her--or at least she's talked to you! She is the voice heard on most telephone voice mail systems around the country. She is the "official throat" of McDonald's, General Electric, Hewlett-Packard, and six of the seven former Bell networks, to name just a few. She has been dubbed by some as "the voice America loves to hate" because to hear her means you have reached an automated system to maneuver through when seeking help. The intention of using her phone chatter is to humanize computer-run systems and offer a familiar voice for most contacts that people make. The words of the psalmist, echoing from centuries before, seek help. Eyes are turned upward, relating to a familiar source of comfort. The psalmist writes the following words: "The Lord will keep your going out and your coming in from this time on and forevermore." (121:8) This reminds us of a GOD who helps us navigate life's difficulties with various prompts as needed, whether through the words of Scripture, the discipline of the law, the grace of the Gospel, or the guidance of the community of faith.

Like Marsha's voice today, our God continues to offer comfort. If we listen through the silence, we may hear "Are you still there? How may I help you?"

Chaplains thought for the Month: Prayer should be our first resource, not our last resort. Thank you and God Bless

National Home: Just a reminder you are invited to dedicate a commemorative brick to support our VFW National Home. It will be placed on the campus of the VFW Home. It can be to Remember a loved one, Express gratitude to a comrade or sister, Convey appreciation to a family member, Recognize an important time in your life, or to just set your own name in stone. As VFW members lets all support our VFW National Home.

HISTORIAN
Robert H. Bernard, PSC

I would like to begin this report by thanking our Department Membership Chairman Arthur Roy and our National Recruiter Wayne Elkins for providing me with photos and articles for the Commanders History Book. I am now calling on the rest of you, our members and officers, to please do the same by sending me photos or articles that you have for the History book depicting any and all the events occurring during his year. Again thank you. Please send the information to: Bob Bernard, 78 Robie St., Gorham, ME 04038. E-mail: rbernard@maine.rr.com.

INSPECTOR
TOGUS BEAL HOUSE
James M. Sawyer, PSC/Chairman

Inspector: Comrades: As I stated in the last GOS. The Manual of Procedure Section 218 (11) states not later than the end of the month following the last day of each quarterly period. Through the Post Commander, submit a Post Trustee's Report of Audit to the Department Quartermaster for referral to the Department Inspector. Comrades the 2nd Quarter has been over for two and a half months. Posts still missing Audits:

District #1 – 2599 District #2 – 2299, 7529, 9429 District #3 – 558, 11299
District #4 – 3381 District #5 – 5723, 7866, 10881 District #6 – 4169
District #7 – 8395 District #11 – 7997, 9394

Comrades: Being a Quartermaster of a large post myself, I can see no reason why these audits have not been done. It is the responsibility of the Post Commander to see that the audit is done on time. I am recommending that the Department Commander relieve these Post Commanders.

Togus Beal House: The Beal's House is doing fine. We held our Board meeting September 12th. All finances were audited and found to be correct and in good order. The Board approved the installation of new windows on the second floor and the front porch.

VETERANS SERVICE OFFICER
Rene A. Deschene, S.O.

POST SERVICE OFFICER TRAINING: Remember, the next Post Service Officer training will be at the York Beach Post on October 7, 2009 beginning at 8:00. It is expected that every Post will send their Service Officer or representative from Districts 10 and 11. Other Posts are welcome. We ask that each post contact this office so we can have an accurate amount of material on hand. The office number is 623-5723.

UAW-GM: For those that are in the market for a new vehicle, if you purchase a GM product, you will be helping our troops and the VFW. Here are a few examples of what UAW-GM has made possible: (1) "Free

Call Days" for troops around the world to contact loved ones; (2) Support for VFW National Home for Children; (3) Hope for military families struggling through crises; & (4) Training for disabled veterans to develop life skills.

VA BUDGET CHANGES: The 2010 VA budget for Togus health is estimated to be around 3% greater than last year. Good news/bad news is that Togus ended with a deficit of \$3 1/2 million. Therefore there will be some changes.

1. FEE Services: A good portion of the deficit came from bills paid out of Fee Services. Rules dealing with Fee Services will be following the letter of the law. Rules will no longer be bent, and Fee Service outside treatment will be very limited.

2. Travel Pay: There will be more consolidated appointments on the same day. Two or more appointments on the same week will be reduced as travel pay cost is to be realigned. Travel claim fraud will also be looked at as there has been some veterans giving a mailing address, not their physical home location (i.e. Caribou mailing address when they live in Augusta).

3. Nursing Home Care: Togus has approved many nursing home care. New re-alignment rules will be looked at to see if savings are possible.

4. Health Care Enrollment: Even though the Priority 8 window has been opened some, some Veterans are over the limit still. If any are still over the income limit, and there is a sudden loss of a job, Togus can grant a one year medical treatment due to hardship. If there is any question on this, please contact this office.

5. Flu Shots: Flu shots are expected to begin in October. It is believed that only one shot will be required.

6. The focus for Togus this year will be on efficiencies and more enrolment.

Veterans helping Veterans

LEGISLATIVE

Peter F. Miesburger, PSC/Chairman

At the time of this monthly report, there are no major legislative items on the radar. The 111th Congress reconvened during the week of 8 September 2009. Since Congress has reconvened, the major issue is the "National Health Care Bill" of which whoever you talk to, nobody has an answer to the questions asked. As for myself, I don't understand anything associated with the proposed "National Health Care Bill".

Comrades; one of the National VFW Priority Goals is "**Women Veterans Health Care Program.**" At this time, I am asking all of you to contact our entire Congressional Delegation asking them to support this most needed VA Health Care for all our women Veterans

I don't know how many of you realize that in just over a year, within the state of Maine, we will be electing two (2) members of Congress, State Governor, all state Senators, as well as all state Representatives. Comrades, now is the time to get involve with the upcoming 2010 election. I strongly suggest that both District/Post Commanders get involved and sponsor "**Meet Your Candidate**" program before it's too late, **Remember Every Vote Counts.**

ADVISORY TO TOGUS

Raymond R. Lupo, PSC/Chairman

Veterans Advisory to Togus: No meeting since last GO's

Action Corp: Has indicted by our legislative Chairman Pete, you should contact your legislators on their support for the up-coming bills that he presented in his write-up. As you know, Congress is head long into the change for Medical Care and could forget what they owe to our Veterans and current Military and their families. We need to call e-mail to remind them that Veterans/Military are the one who keep us Free.

PAC: Does this program still exist with-in this Department? I couldn't tell you, due to the lack of reporting.

**NATIONAL CITIZENSHIP EDUCATION TEACHER AWARD
VETERANS SERVICE OFFICE**

R. Randy Worthley, PSC/Chairman

It is now 'crunch time' for Posts to complete this program. Remember that the deadline is Nov. 1st for Post judging to be done by Nov. 2nd to 15th. Winners are then sent to District Chairman who will have them judged and then send all entries (K-5, 6-8, 9-12) to me by Dec. 15th. Should you need forms you can go to www.vfw.org and click 'Citizenship' and then click 'Teacher of the Year'. Also Quartermasters received a disk at the beginning of the year containing information for anyone to complete any National program. **IMPORTANT...** be sure to double-check that all needed information is correct before you submit. Be it known all state winners will need a good 5 x 7, 'black & white' photo for me to send with their entry to National. (Picture preferably a head shot and NO computer generated picture will be accepted by National.)

District Chairman will mail all winners to me at 1700 Albion Road Winslow ME 04901. If you have any questions please call me at 873-0868 or I can be reached by email at rcworthley@roadrunner.com. Any Commander in the running for 'All State' needs at least one entry in this program to be eligible. Also our Commander will need submissions in all 3 levels of Teachers to be eligible for 'All American Commander' so I am betting I will be getting lots of good entries for consideration from around the State again this year. Good luck to all!

"Individually we are one drop...together we are an ocean." - Ryunosuke Satoro

VETERANS SERVICE OFFICE: I've visited the office many times during the month and spoken to our representatives there and I'm happy to report there are no big changes and, better still, no real concerns to report from the VSO office. To date I've received many questionnaires from veterans who chose the VFW to represent them with the V.A. Most were positive for services received through our VSO office at Togus. I continue to feel Rene and James are doing an excellent job for the veterans they serve. Both of them will be attending a training session in Baltimore, MD the end of September and it is this continued training that keeps them knowledgeable and up-to-date in order to help our members in a timely and professional manner.

Due to renovations the Togus VSO office is temporarily located in Bldg. 205 - Room 129. If you need to speak to Rene concerning problems or claims that phone number is 623-5723.

**CERTIFIED NATIONAL RECRUITER
HOMELESS VETERANS**

Wayne H. Elkins, Chairman

Homeless Veterans: On August 28, the Homeless Veterans Committee met and plans for the November 7 Stand-down are going according to plans and the next meeting is set for September 25 at Togus

National Recruiter Central: For the last couple of months, Recruiting Booths have been set up at the Skowhegan and Windsor Fairs and plans are do to the Farmington Fair September 20-26. During the two Fairs, we picked up 6 new members and 25 prospects. But, there are some major concerns dealing with membership and that is Women Veterans are being told that they do not qualify for the VFW and some Vietnam Veterans are being told that if they didn't serve on shore, they don't qualify **"WRONG"**. According to the Manual of Procedures, Section 101-Eligibility: Hostilities-Person in the Armed Forces of the United States shall become eligible for membership immediately upon arrival on hostile soil, in hostile waters or the air space above in the performance of service qualifying such person for membership. Section 101-Eligibility, Part 2: on Korean Peninsula or in territorial waters for not less than 30 consecutive days or a total of 60 days after June 30, 1949. Remember, a Veteran is a Veteran and let's not lose those who do qualify because of **Ignorance**.

Retain, Reinstate and Recruit

COMMUNITY ACTIVITIES
9Americanism/Loyalty Day, Blood Bank,
Safety & Drug Abuse, Youth Activities0
Janet L. Michaud, Chairperson

Hello Comrades: We are in the fifth month of reporting and many Posts have only reported once as noted in the Reports Submitted column. This column is a tool for the District Commanders so they know which Posts are reporting each month. There are no extra points for multiple reports each month. The report is designed so each Post can add up totals for the month and complete one report for me on ALL activities. For those Posts who have been reporting you are doing a great job and I'd sure like to see what the other Posts have been doing on paper.

BOWLING/GOLF/WAYS & MEANS
Paul S. Colburn, Chairman

Comrades: The Ways & Means monies are coming in "SLOWLY". Remember that this money is used to promote the State of Maine and the Department of Maine. As we have gone from last years "Picnic Fund" back to the Ways & Means, we are able to again have prizes. This year, we have an Old Town Canoe and a Kayak as prizes. Now, I don't know about you, but these are some really nice items for your upcoming summer fun (If summer ever arrives.) Having them in your garage, ready to go is a lot more fun than having to wonder if there will be any available wherever you are going. Those District Commander who have not gotten tickets for the Ways & Means yet, **PLEASE** contact me. Those of you who have gotten tickets but haven't passed them out, lets get on the move! Post Commanders who have not gotten tickets, contact your District Commander to find out why? You can contact me at Paul S. Colburn 65 14th St. Bangor, Maine 04401 or (207) 945 - 9850. **Thank You ALL for your Service.**

NATIONAL MILITARY SERVICES
(Adopt- a-Unit, Operation Uplink, Unmet Needs)
Harry J. Stickney, Chairman

Comrades: National Military Services has now generated an order form so that VFW Posts and members can order T-shirts and koozies (foam beverage covers) which they can sell or personally wear and meet the requirement for a NMS donation. In the past, our Posts needed to make a cash donation if they wished to donate to the program or, be considered a candidate for All-American.

The shirts being offered come in a wide variety of colors and options such as lettering, with or without pockets and sizes "**S thru 3X**". The generic shirt minimum order is 10 and minimum personalized is 72. The generic koozie minimum is 10 and personalized is 250. If the Post is able to sell a number of shirts and/or koozies, you could make a profit and a donation to NMS without an expense to the membership.

These shirts are being sold by NMS and not VFW Catalog Emblem & Supply. The e-mail address for display, pricing and order form is **nationalmilitaryservices@vfw.org**.

Attention District Commanders – In September 2008, I mailed counseling packets with a cover letter to each District Commander requesting they appoint a District MAP (NMS) chairman and notify me whom that individual is. During the October 2008 CoA, also brought additional counseling packets to the meeting. I haven't received a name from any Commander in the past 13 months.

In the next 18 months, approximately 40-50% of the Maine National Guard and Reserves will be called to active duty. There are going to be some military families who'll need assistance. Without a District Point of Contact (PoC), I can only guess what's going on with those families that have additional needs. These issues

will further burden District Commanders who already have to deal with membership, mandatory programs and VFW Post issues.

If you don't delegate, you will have to work harder and get less accomplished. Please – help me help you.

MAINE VETERANS HOMES
Arnold L. Leavitt, PSC/Trustee

The Maine Veterans Homes has a total of 650 beds. As of this date, the census (total number of beds occupied) was at 95.8%. This is something to be proud of since it demonstrates that Veterans using the Homes are satisfied with the services being provided. Discussions are going on with the Central Office building owners about modifications necessary to start implementation of the in-house pharmacy. This facility will prove to be not only more efficient but also save money.

HOSPITAL/VAVS
Duane M. Leathers, Chairman

Don't forget about our Patient Holiday party that will be held on December 13, 2009. Currently, we are working on securing a band to perform for the Veterans. The VFW will be passing out coupons and small gifts on our ward.

We will be meeting around 1:30 pm in building 207 to sign in Dirigo Recreation Center (coffee will be served) before going to the ward on the 2nd floor, V.V. CLC 72. Parties will begin on the wards at 2:00 pm..

Please do not forget your donations to Togus Aid. We need donations for calling cards, comfort items, coffee, newspapers, etc. We also need volunteers for shuttle drivers around the V.A. Hospital. Please make your checks out to "VAVS" and mail them to my home.

Remember Hospitalized Veterans Need Our Help!!!

CERTIFIED NATIONAL RECRUITER
BOY SCOUTS
William "Bill" B. Bradbury, Chairman

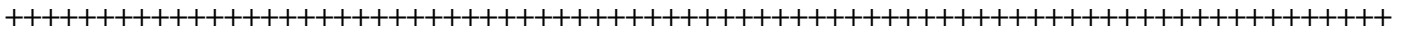
CNR: Hello Comrades, Remember that each District has to have four membership drives scheduled through out this 2009-2010 membership year. If you need any help what so ever in a recruiting booth, program training, a Post and District event or if you decide to go door to door and need my help please e-mail me at scoutcamper@aol.com and please use "VFW recruiting event" for the comment line so it does not go into my spam file. Let's give 110% for our State Commander Al Michaud and as before always remember the word for this year is **RECRUIT, RECRUIT, and RECRUIT** some more. Thank you Comrades,

Good Day Comrade: I just now got back from doing a camping trip with a Boy Scout troop at Mt. Katadin. These boys are willing and able to help the just as we are willing and able to help the youth. As of this day I still haven't received any reports of any kind from any posts to let me know if they have contacted the Boy Scouts to see if they can assist you or if they have contacted you to ask for help or support. Let them know if you need help around your post doing things like mowing the lawns, washing windows and when winter comes...shoveling snow, anything and everything. They, just like us do community activities, but if you don't ask they will never know your looking for help. Whatever you do with the Scouts or they do with you, get names, troop numbers and addresses, make a report out and please send it to me at: William B. Bradbury, State Boy Scout Chairman, 8 Seavey St., Westbrook, Me. 04092. Thank you comrades and have a great summer and try to stay dry.

**PLEASE WORK TOGETHER WITH YOUR
“LADIES AUXILIARY” & “MEN’S AUXILIARY”
WE ALL NEED EACH OTHER TO MOVE FORWARD!
CERTIFIED NATIONAL RECRUITER NEEDED FOR NORTHERN PART OF THE STATE – APPLY
TO A.J. Roy.**



>>> GREAT AMERICANISM PROJECT TO REPORT TO DEPARTMENT <<<
POST THAT WISH TO PURCHASE AN AMERICAN FLAG FOR THE WALKWAY AT CEMETERIES
IN AUGUSTA MAY SEND A CHECK FOR \$25.00 MADE OUT TO:
“Veterans Memorial Cemetery Association” and send to: Arthur J. Roy.



PROGRAM STATUS REPORT

Post/Location 20 September 2009	Community Activities	Americanism	Loyalty Day	POW/MIA	Voice of Democracy	Patriot's Pen	Blood Program	Safety	Youth	Buddy Poppy	Togus Aid	REPORTS SUBMITTED
DISTRICT 1												
2599 Presque Isle		X	X	X				X				1
6187 Ft. Fairfield		X	X	X				X				1
9389 Caribou		X	X	X				X				1
9609 Ft. Kent	X	X	X	X			X	X	X	X	X	2
9699 Ashland		X	X	X				X				1
XXXXXXXXXXXXXXXXXXXX		100%	100%	100%				100%				
DISTRICT 2												
1438 Lincoln		X	X	X								1
1605 Burlington	X	X	X	X			X	X	X			5
2299 Sherman	X	X	X	X			X	X	X			4
4154 Millinocket	X	X	X	X			X	X	X	X		4
7529 Island Falls		X	X	X						X		2
9429 West Enfield	X	X	X	X				X	X	X	X	4
XXXXXXXXXXXXXXXXXXXX		100%	100%	100%								
DISTRICT 3												
558 Eastport		X	X	X								1
9779 Calais	X	X	X	X			X	X	X			3
11299 Perry		X	X	X								1
11553 Harrington	X	X	X	X			X	X	X	X	X	2
XXXXXXXXXXXXXXXXXXXX		100%	100%	100%								
DISTRICT 4												
109 Ellsworth	X	X	X	X				X	X	X		5
1761 Bangor	X	X	X	X				X	X	X		3
3381 Old Town		X	X	X						X		1
4527 Orrington		X	X	X								1
4633 Hampden	X	X	X	X			X	X	X	X	X	3
XXXXXXXXXXXXXXXXXXXX		100%	100%	100%								
DISTRICT 5												
3198 Skowhegan		X	X	X								1
4298 Dexter	X	X	X	X			X	X	X	X	X	4
5723 Jackman		X	X	X								1
6924 Fairfield		X	X	X							X	2
7865 Madison	X	X	X	X			X	X	X	X	X	2
7866 Norridgewock		X	X	X								1
8934 Embden		X	X	X								1
10881 Farmington	X	X	X	X				X	X	X	X	4
11191 Newport		X	X	X						X		2
XXXXXXXXXXXXXXXXXXXX		100%	100%	100%								
DISTRICT 6												
2499 Rockland		X	X	X			X					1
3095 Friendship		X	X	X			X			X		2
3108 Belfast		X	X	X			X			X	X	3
4169 Vinalhaven		X	X	X			X					1
6131 Northport		X	X	X			X					1
9437 Washington		X	X	X			X					1
XXXXXXXXXXXXXXXXXXXX		100%	100%	100%			100%					
DISTRICT 7												
2197 Topsham		X	X	X					X			3
4525 Waldoboro	X	X	X	X			X	X	X			2
7738 Bath		X	X	X						X		1
8395 New Harbor	X	X	X	X			X	X	X	X		3
XXXXXXXXXXXXXXXXXXXX		100%	100%	100%								

Post/Location 20 September 2009	Community Activities	Americanism	Loyalty Day	POW/MIA	Voice of Democracy	Patriot's Pen	Blood Program	Safety	Youth	Buddy Poppy	Togus Aid	REPORTS SUBMITTED
DISTRICT 8												
9 Gardiner	X	X	X	X			X	X	X	X	X	3
887 Augusta	X	X	X	X			X	X	X		X	5
1285 Waterville	X	X	X	X			X	X	X	X	X	5
8835 Winslow	X	X	X	X			X	X	X	X	X	5
9526 Winthrop	X	X	X	X			X		X			2
XXXXXXXXXXXXXXXXXXXX	100%	100%	100%	100%			100%		100%			
DISTRICT 9												
1603 Auburn	X	X	X	X			X	X	X	X	X	5
1641 Rumford	X	X	X	X			X			X	X	2
3335 Jay	X	X	X	X					X	X	X	4
9150 Lewiston	X	X	X	X			X	X	X	X		2
9459 Lisbon	X	X	X	X							X	2
9787 South Paris		X	X	X						X		1
11032 Greene		X	X	X							X	1
XXXXXXXXXXXXXXXXXXXX		100%	100%	100%								
DISTRICT 10												
832 So. Portland	X	X	X	X					X			5
6783 Lovell	X	X	X	X				X	X	X		3
6859 Portland	X	X	X	X			X	X	X	X	X	5
7642 East Hiram		X	X	X			X	X	X			1
9328 Harrison	X	X	X	X						X	X	2
9605 Long Island		X	X	X								1
10529 Yarmouth		X	X	X							X	2
10643 Windham		X	X	X								1
10879 Gorham		X	X	X						X		1
11362 Naples		X	X	X					X			1
XXXXXXXXXXXXXXXXXXXX		100%	100%	100%								
DISTRICT 11												
489 Biddeford	X	X	X	X					X	X		1
5744 So. Berwick	X	X	X	X			X		X			3
6548 Kennebunk	X	X	X	X					X			2
6977 York Beach	X	X	X	X			X	X	X			5
7997 Old Orchard Beach		X	X	X						X		1
9394 Kittery		X	X	X						X		1
9935 Sanford		X	X	X							X	2
XXXXXXXXXXXXXXXXXXXX		100%	100%	100%								

“IN MEMORY OF VETERANS”			
DIVISION LEADERS		--- SEPT 21, 2009	
DIV. I (10-50) TOP 3 POSTS IN DIV.		DIV. IV (201-300) TOP 3 POSTS IN DIV.	
1. 558 Eastport	94.4%	1. 109 Ellsworth	89.8%
2. 6548 Kennebunk	94.4%	2. 9935 Sanford	89.7%
3. 4527 Orrington	92.5%	3. 11553 Harrington	86.8%
DIV. II (51-100) TOP 3 POSTS IN DIV.		DIV. V (301-450) TOP 3 POSTS IN DIV.	
1. 6783 LOVELL	100.0%	1. 1285 WATERVILLE	100.5%
2. 1438 Lincoln	98.7%	2. 8835 Winslow	89.9%
3. 10529 Yarmouth	94.9%	3. 3381 Old Town	87.8%
DIV. III (101-200) TOP 3 POSTS IN DIV.		DIV. VI (451-1000) TOP 3 POSTS IN DIV.	
1. 489 Biddeford	98.9%	1. 9389 Caribou	92.8%
2. 4633 Hampden	93.1%	2. 832 South Portland	84.5%
3. 2599 Presque Isle	88.8%	3. 3335 Jay	80.6%
TEN HIGHEST POSTS BY %		TEN LARGEST POSTS	
1. 1285 WATERVILLE	100.5%	1. 832 South Portland	565
2. 6783 LOVELL	100.0%	2. 9389 Caribou	476
3. 489 Biddeford	98.9%	3. 8835 Winslow	402
4. 1438 Lincoln	98.7%	4. 3335 Jay	402
5. 10529 Yarmouth	94.9%	5. 6859 Portland	395
6. 558 Eastport	94.4%	6. 1285 WATERVILLE	390
7. 6548 Kennebunk	94.4%	7. 1761 Bangor	351
8. 4633 Hampden	93.1%	8. 3381 Old Town	331
9. 9389 Caribou	92.8%	9. 6977 York Beach	248
10. 4527 Orrington	92.5%	10. 9935 Sanford	236
DISTRICT STANDINGS		MAGIC NUMBERS FOR 2009-10	
1. District 1 Abbott	88.46%	> 11,731 MEMBERS FOR 100% DEPARTMENT < WE HAVE = 9,538 - WE NEED = 2,193 ALL POSTS/DISTRICTS SHOULD BE AT 80% “STATE CONVENTION” – JUNE 11-12-13, 2010 10 N/R MEMBERS AND YOU EARN A WHITE VFW SHIRT – 20 YOU EARN A VFW JACKET ALL DEPT OFFICERS ARE ASKED TO RECRUIT AT LEAST 3 N/R MEMBERS – WILL YOU? LET’S ALL WORK AS A TEAM AND RETAIN – RECRUIT & REINSTATE 3 MEMBERS NEED HELP or HAVE QUESTIONS ASK ANYONE ON THE MEMBERSHIP TEAM OK?	
2. District 4 Smith	87.51%		
3. District 2 Moore	85.69%		
4. District 3 Dowling	83.70%		
5. District 10 Nadeau	82.93%		
6. District 7 Dearborn	81.82%		
7. District 11 Giroux	81.42%		
DEPARTMENT OF MAINE	81.31%		
8. District 8 Stickney	80.90%		
9. District 9 Hebert	77.66%		
10. District 6 Sedgwick	72.43%		
11. District 5 Talmadge	71.78%		

“PAST – PRESENT - FUTURE”

	Div	Post #	Name	HIGH	2009	9/21/009	L/M	CONT	N/R	L/MN	MEMB%	DUES:
1	3	2599	Presque Isle	570	196	174	156	18	0	0	88.8%	\$26.00
1	3	6187	Fort Fairfield	228	108	92	69	18	5	0	85.2%	\$26.00
1	6	9389	Caribou	867	513	476	445	30	1	0	92.8%	\$25.00
1	3	9609	Fort Kent	526	196	161	119	42	0	0	82.1%	\$26.00
1	3	9699	Ashland	291	157	132	120	12	0	0	84.1%	\$26.00
1			TOTALS	2482	1170	1035	909	120	6	0	88.46%	
2	2	1438	Lincoln	135	75	74	69	4	1	0	98.7%	\$25.00
2	2	1605	Burlington	76	63	54	50	2	2	0	85.7%	\$23.00
2	1	2299	Sherman St	97	49	40	25	15	0	0	81.6%	\$21.00
2	4	4154	Millinocket	494	230	195	170	20	5	0	84.8%	\$30.00
2	2	7529	Island Falls	81	65	58	49	9	0	0	89.2%	\$26.00
2	2	9429	West Enfield	84	70	52	43	9	0	0	74.3%	\$22.00
2			TOTALS	967	552	473	406	59	8	0	85.69%	
3	1	558	Eastport	184	36	34	28	4	2	0	94.4%	\$23.00
3	2	9779	Calais	85	51	40	28	11	1	0	78.4%	\$22.00
3	2	11299	Perry	186	97	73	63	10	0	0	75.3%	\$24.00
3	4	11553	Harrington	224	227	197	147	44	6	1	86.8%	\$25.00
3			TOTALS	679	411	344	266	69	9	1	83.70%	
4	4	109	Ellsworth	355	205	184	163	21	0	0	89.8%	\$25.00
4	5	1761	Bangor	703	419	351	246	101	4	0	83.8%	\$25.00
4	5	3381	Old Town	604	377	331	302	28	1	0	87.8%	\$25.00
4	1	4527	Orrington	110	40	37	32	5	0	0	92.5%	\$24.00
4	3	4633	Hampden	284	144	134	114	16	4	0	93.1%	\$25.00
4			TOTALS	2056	1185	1037	857	171	9	0	87.51%	
5	3	3198	Skowhegan	323	128	105	90	15	0	0	82.0%	\$25.00
5	3	4298	Dexter	141	105	84	62	21	1	0	80.0%	\$25.00
5	1	5723	Jackman Station	57	14	6	3	3	0	0	42.9%	\$25.00
5	4	6924	Fairfield	436	252	155	141	13	1	0	61.5%	\$25.00
5	3	7865	Madison	163	107	66	53	13	0	0	61.7%	\$21.00
5	1	7866	Norridgewock	69	15	13	9	4	0	0	86.7%	\$24.00
5	2	8934	Embden	138	68	62	47	15	0	0	91.2%	\$23.00
5	1	10881	Farmington	45	29	25	23	2	0	0	86.2%	\$25.00
5	2	11191	Newport	65	51	36	29	6	1	0	70.6%	\$20.50
5			TOTALS	1437	769	552	457	92	3	0	71.78%	
6	3	2499	Rockland	277	172	90	81	9	0	0	52.3%	\$27.00
6	1	3095	Friendship	128	37	33	28	5	0	0	89.2%	\$21.00
6	3	3108	Belfast	320	127	98	81	15	2	0	77.2%	\$26.00
6	1	4169	Vinalhaven	81	18	12	11	1	0	0	66.7%	\$21.00
6	2	6131	Northport	230	71	65	59	6	0	0	91.5%	\$26.00
6	2	9437	Washington	135	61	54	50	4	0	0	88.5%	\$24.00
6			TOTALS	1171	486	352	310	40	2	0	72.43%	
7	2	2197	Topsham	114	81	52	44	8	0	0	64.2%	\$25.00
7	2	4525	Waldoboro	218	68	59	43	14	2	0	86.8%	\$20.50
7	2	7738	Bath	198	88	76	73	3	0	0	86.4%	\$20.50
7	3	8395	New Harbor	297	104	92	69	23	0	0	88.5%	\$23.00
7			TOTALS	827	341	279	229	48	2	0	81.82%	

8	3	9	Randolph	143	105	77	61	16	0	0	73.3%	\$25.00
8	5	887	Augusta	352	378	221	187	31	3	0	58.5%	\$30.00
8	5	1285	Waterville	600	388	390	318	51	21	1	100.5%	\$28.00
8	5	8835	Winslow	792	447	402	374	22	6	0	89.9%	\$27.00
8	2	9526	Winthrop	123	75	37	33	4	0	0	49.3%	\$25.00
8			TOTALS	2010	1393	1127	973	124	30	1	80.90%	
9	4	1603	Auburn	505	272	227	189	34	4	1	83.5%	\$30.00
9	5	1641	Rumford	882	350	228	169	55	4	0	65.1%	\$25.00
9	6	3335	Jay	647	499	402	344	57	1	1	80.6%	\$25.00
9	3	9150	Lewiston	199	168	121	96	24	1	0	72.0%	\$22.00
9	4	9459	Lisbon	546	273	221	203	18	0	0	81.0%	\$30.00
9	4	9787	South Paris	421	231	189	156	32	1	0	81.8%	\$25.00
9	1	11032	Greene	68	47	41	38	3	0	0	87.2%	\$26.00
			TOTALS	3268	1840	1429	1195	223	11	2	77.66%	
10	6	832	South Portland	1701	669	565	500	65	0	0	84.5%	\$30.00
10	2	6783	Lovell	110	56	56	48	6	2	0	100.0%	\$25.00
10	6	6859	Portland	1051	523	395	341	51	3	0	75.5%	\$25.00
10	2	7642	East Hiram	137	63	50	42	8	0	0	79.4%	\$25.00
10	2	9328	Harrison	95	57	50	43	7	0	0	87.7%	\$30.00
10	1	9605	Long Island	61	32	28	18	10	0	0	87.5%	\$22.00
10	2	10529	Yarmouth	101	99	94	93	1	0	0	94.9%	\$25.00
10	2	10643	Windham	81	61	53	46	6	1	0	86.9%	\$31.00
10	1	10879	Gorham	68	33	29	18	11	0	0	87.9%	\$25.00
10	1	11362	Naples	49	36	31	27	4	0	0	86.1%	\$28.50
10			TOTALS	3454	1629	1351	1176	169	6	0	82.93%	
11	3	489	Biddeford	489	190	188	178	8	2	3	98.9%	\$20.50
11	3	5744	So Berwick	158	144	124	108	16	0	0	86.1%	\$21.00
11	1	6548	Kennebunk	121	36	34	33	1	0	0	94.4%	\$23.50
11	5	6977	York Beach	348	330	248	223	22	3	1	75.2%	\$30.00
11	3	7997	O.O.B.	322	184	106	84	22	0	0	57.6%	\$25.00
11	2	9394	Kittery	126	64	50	39	11	0	0	78.1%	\$26.00
11	4	9935	Sanford	506	263	236	200	34	2	0	89.7%	\$25.00
11			TOTALS	2070	1211	986	865	114	7	4	81.42%	
		15020	M.A.L.	583	744	573	457	110	6	0	77.0%	
		9/21/009		21004	11731	9538	8100	1339	99	8	81.3%	
ajroy		NEED			100%		2193					



**STATE CONVENTION
JUNE 11, 12 & 13, 2010**



***Holiday Inn, 215 High St
Ellsworth, ME – TEL: 207-667-9341 or 1-800-Holiday
Rates: \$89.00 + tax (Up to 4 people per room)***

**Rooms to be held for the following individuals until
January 1, 2010 – THEN OPENED TO EVERYONE**

**“STATE VFW & STATE AUXILIARY OFFICERS”
WHEN YOU CALL – Tell them that you are with the VFW”**

VFW

Alfred E. Michaud Sr., Commander
John E. Williams, Sr. Vice Cmdr
Louis A. Peterson II, Jr Vice Cmdr
Andre L. Dumas, Adjutant
Donald W. Linscott Jr., Quartermaster
Kevin G. Woodward, Judge Advocate
Mark G. Reilly, Surgeon
Charles A. Warden, Chaplain
Robert H. Bernard, Past State Cmdr
Arthur J. Roy, Chief of Staff
James M. Sawyer, Inspector

LAVFW

Lynn Dunton, President
Yvonne Brooker, Sr. Vice President
Barbara Cook, Jr. Vice President
Sheila Webber, Secretary
Susan L. Prue, Treasurer
Cynthia Cowling, Chaplain
Joy Andreasen, Conductress
Kim Morse, Guard
Joan Hebert, Chief of Staff/PSP
L. Frances Booth, PNP
Kim Baldwin, Convention Chairperson

District Commanders

Vinal E. Abbott, D-1
Richard M. Moore, D-2
Douglas M. Dowling, D-3
Ronald F. Smith, D-4
Charles F. Talmadge, D-5
Thaxter S. Sedgwick, D-6
David Dearborn, D-7
Harry J. Stickney, D-8
Palmer A. Hebert, D-9
Edward F. Nadeau, D-10
Richard P. Giroux, D-11

District Presidents

Jeanette Stairs, D-1
Allison G. Roy, D-2
Betty White, D-3
D-4
Oleta Jerome, D-5
Burna-Dette Evans, D-6
Jean ET Smith, D-7
Brenda Blair, D-8
D-9
Stacey Martin, D-10
Lauraine Pettengill, D-11

Eugene A. Pawlik, NCM D-1
VFW National Representative

Jackie Nevins, NCW D-1
LAVFW Representative



*Voice of Democracy
Patriot's Pen
Teacher of the Year*



AWARDS BANQUET

Saturday, January 9, 2010

Waterville Elks Club

SOCIAL HOUR: 5:00 pm to 6:00 pm

BANQUET: 6:00 pm

*Headquarters
Holiday Inn*

375 Main St, Waterville, ME 04091

(1-800-785-0111 or 1-207-873-0111)

FWW Rate: \$64.00 + tax, up to 4 persons, 2 double beds

Please make your own reservations with the Holiday Inn

Banquet Tickets are \$25.00 per person

Department pays (All District winner's banquet tickets)

Banquet is Buffet Style

Meals Totals _____ x \$25.00 _____

Name _____	Name _____
Name _____	Name _____
Name _____	Name _____
Name _____	Name _____

NO ASSIGNED SEATING

Deadline for Banquet Ticket is: *December 28, 2009*

Make your check payable to *"Department of Maine, VFW"*



*Send to:
Cynthia Cowling
108 14th St.
Bangor, ME 04401
Phone: 207-941-0807*





Graves Registration Report

Department of Maine, VFW



Mail to: Charles A. Warden, Chaplain
 Department of Maine, VFW
 398 Indian River Rd
 Addison, ME 04606

Subject: Report of Deceased Comrade

Post # _____ District # _____ regrets to report the death of:

(Last Name)(Middle Initial)(First Name)

Whose Address was: _____

Who Served with: _____ During: _____
 (Branch of Service) (War Era: WW I, WWII, Korea, Vietnam, etc.)

Date of Death: _____ Place of Death: _____

Place of Burial/Cemetery: _____

Name & Address if Next of Kin: _____

(Street Address)(Town or City)(State)(Zip Code)

Relationship: _____ Obituary Enclosed: _____

Signed: _____ Name _____ Office: _____ Date: _____
 (Print Name)

Date Received & Recorded: _____

Date Receipt Returned to Post: _____

This receipt acknowledges that Post # _____ has reported the death of Comrade:

_____ on _____

to the Department Chaplain.

 (Signature, Department Chaplain)

(All previous forms are obsolete. Updated June 21, 2009)